

DEPENDING ON THE HOLY SPIRIT

1. Every day I prayerfully deny myself and commit myself to being filled with and controlled by the Holy Spirit. (1=Never, 2=Occasionally, 3=Often, 4=Always)

1 2 3 4

2. I have seen myself grow in righteousness, love, and maturity through the Holy Spirit's work.

(1=Never, 2=Occasionally, 3=Often, 4=Always)

1 2 3 4

3. The fruit of the Spirit (Gal. 5:22-23) is evident in my life. (1=Never, 2=Occasionally, 3=Often, 4=Always)

1 2 3 4

4. How are you spiritually gifted, and how do you use those spiritual gifts for the well-being of the church?

TAKING FAITH-FILLED RISKS

1. I love God everyday with all that I am by seeking Him and following Him fully.

(1=Never, 2=Occasionally, 3=Often, 4=Always)

1 2 3 4

2. What is one example of how you have died to your sinful nature?

3. Give an example of a time that you stepped out in faith even with doubts and fears.

4. What other people or groups provide support, guidance, and accountability for you?

NEXT STEPS...

Remember, this a tool to help you identify next steps in being a biblical, loving, Spirit-filled disciple of Jesus who loves God supremely, loves others selflessly, and loves the world sacrificially.

If you need to review one or more of these 7 Marks, brochures are available at the Welcome Center or go online to FACToccoa.com/7marks.

Potential Next Steps:

- Talk with a pastor, elder, or mature friend about areas of growth.
- Find a biblical resource via RightNow Media, the library, or internet to better understand and apply one or more of the 7 Marks.
- Talk about the results & next steps with your Discipling Community.
- Meet with a mentor.
- Develop your spiritual disciplines.
- Develop an action plan with accountability.

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7 MARKS OF A HEALTHY DISCIPLE

PERSONAL ASSESSMENT & REVIEW

Spiritual growth happens as we are in the *Sweet Spot of Spiritual Growth* - the result of being fully engaged with all three elements of the Disciple-Making Framework (**Connect to Christ, Grow with Others, & Engage the World**).

The 3 elements feed into and open us up to the Holy Spirit's work in our heads, hearts, and lives.

The *Sweet Spot of Spiritual Growth* is where we see the **7 Marks of a Healthy Disciple** develop and manifest in our daily lives. They become more and more evident in our lives as an outflow of being in the *Sweet Spot of Spiritual Growth*. But, all 7 are only possible when the Holy Spirit is at work in us.

Since the *7 Marks of a Healthy Disciple* are the evidence of spiritual growth, it makes sense to, every so often, assess. No matter our age, Jesus says to us, "Follow me." How do we know if we are following well? How can we see if we're living as Jesus wants us to live and discover our next step?

This is designed to help you assess your spiritual growth and maturity and to determine next steps. **Prepare, pray, ponder, and pursue obedience.** Respond to each section honestly. Will you allow the Spirit to speak to you?

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INTRODUCING OTHERS TO JESUS

1. How would you explain the gospel to a co-worker?

2. I daily demonstrate that I am a Christian.

(1=Never, 2=Occasionally, 3=Often, 4=Always)

1 2 3 4

3. I show Christ's love to the broken.

(1=Never, 2=Occasionally, 3=Often, 4=Always)

1 2 3 4

4. I glorify God through my:

(Focus on listing at least 2 items for each category.)

<i>Actions</i>	<i>Speech</i>	<i>Attitude</i>

PRAYING: OUR PRIMARY WORK

1. Describe your prayer life. (How often do you pray? How much time do you spend listening vs. talking? Etc.)

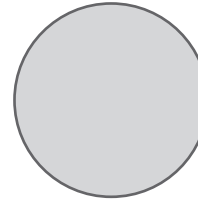
2. Rather than judging, criticizing, or condemning, I intercede for others.

(1=Never, 2=Occasionally, 3=Often, 4=Always)

1 2 3 4

3. Fill in the pie chart to reflect the percentage of time in each of the following areas you spend when praying.

- A. Praise to God
- B. Thanksgiving
- C. Intercession for others
- D. Petition for my own needs
- E. Confession to Christ
- F. Listening to God



4. In addition to prayer, describe any other spiritual disciplines you regularly practice.

STEWARDSHIP RESOURCES GENEROUSLY

1. The knowledge that God has given you all that you have (skills, gifts, money, time, etc.) influences the way you handle those resources.

(1=Never, 2=Occasionally, 3=Often, 4=Always)

1 2 3 4

2. I am part of church life (gathering, prayer, ministry):

(1=Rarely, 2=Occasionally, 3=Once a week, 4=Multiple times a week)

1 2 3 4

3. In what ways are you serving or would like to serve?

4. I give generously and consistently out of the personal income and resources that God has given me. (1=Never, 2=Occasionally, 3=Often, 4=Always)

1 2 3 4

5. Share a recent example of when you shared your time, treasures, and talents with those in need.

KNOWING & OBEYING GOD'S WORD

1. What does the Bible mean to you?

2. Describe your current plan & methods for reading the Bible?

3. I am aware of my temptations and know how to combat them.

(1=Never, 2=Occasionally, 3=Often, 4=Always)

1 2 3 4

4. How do you apply the Word of God in daily life?

5. Give an example of a biblical doctrine you have recently learned or understood in a new way, and how you shared it with another person.

COMPLETING THE GREAT COMMISSION

1. Provide at least two examples of the following:

I embrace the

Great Commission by...

I promote & support the

Great Commission by...

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2. I love others as a result of experiencing Christ's love for me.

(1=Never, 2=Occasionally, 3=Often, 4=Always)

1 2 3 4

3. In what ways do your thoughts and actions reflect your expectation of the Lord's return?